Circle one letter for each dimension

## MBTI: What are my preferences?



E



- Talk things through
- Tune to external environment
- Expressive, interaction, do
- Breadth



Where do I get my energy?



- Think things through
- Contemplate in inner world
- Contained, concentration, reflect
- Depth



I think@idenk.com **S** Sensing



- · Real, actual, factual
- Detail, accuracy
- Present, trust experience
- · Practical, reality



What Information do I pay attention to?



- · Big picture possibilities
- Imagination, abstract
- Future, trust inspiration
- Ambiguity



iNtuition

**T** Thinking



HEADS

- · Rational logic
- · Cause, effect
- · Consistency, task
- · Step back, detached



How do I prefer to decide?



- Personal values
- Harmony, individuality
- Uniqueness, process
- · Step in, involved



**HEARTS** Feeling

F

**J** Judging



- · Get things sorted
- · Scheduled, organised
- · Dislike time pressure
- Lists ++



How much structure do I like in my life?



- Keep options open
- Adaptable
- · Last minute energy
- Few reminders



Perceiving

**D** 

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